

RUN FOR THE SON 5K RUN/1 MILE FUN WALK

SATURDAY JANUARY 16, 2016

WHEN: January 16, 2016 – Race day registration and packet pickup will begin at 8:00 a.m. 1 Mile Walk begins at 9:00 a.m., Tot Trot begins at 9:30 a.m. and the 5K begins at 10:00 a.m.

WHERE: The race will start and finish at First Baptist Church-Putney, 1125 Antioch Road, Albany, GA 31705

<u>AWARDS</u>: Tshirts will be guaranteed to all runners registered by 12/31/15. Awards will be given to the top male and female finisher in 5 year age groups beginning at 10 and under through 80 and over and to the Overall Male and Female.

ENTRY FEE:

Register by December 31, 2015

January 1, 2016 – Race Day (t-shirt not guaranteed)

TOT TROT for ages 7 and under – FREE

Wheelchair - FREE

PROCEEDS: Benefits First Baptist Church Mission Team and Outreach Mission Projects

REGISTRATION INFORMATION

Course is certified and will be <u>electronically timed</u> for all participants. Complete form below and mail to address below or register online at <u>www.fbcputney.com/run</u> or <u>www.active.com</u>

WAIVER: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event, including, but not limited to, falls, contact with other participants or animals, the effects of weather, including high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting entry, I for myself and anyone entitled to act on my behalf, waive and release the face director(s), race volunteers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, records, or any other record of this event for any legitimate purpose.

Runner/Walker's Signature	Date	Parent's Signature	Date
(Must sign to run/walk)	if under 18 (must sign to run//walk)		